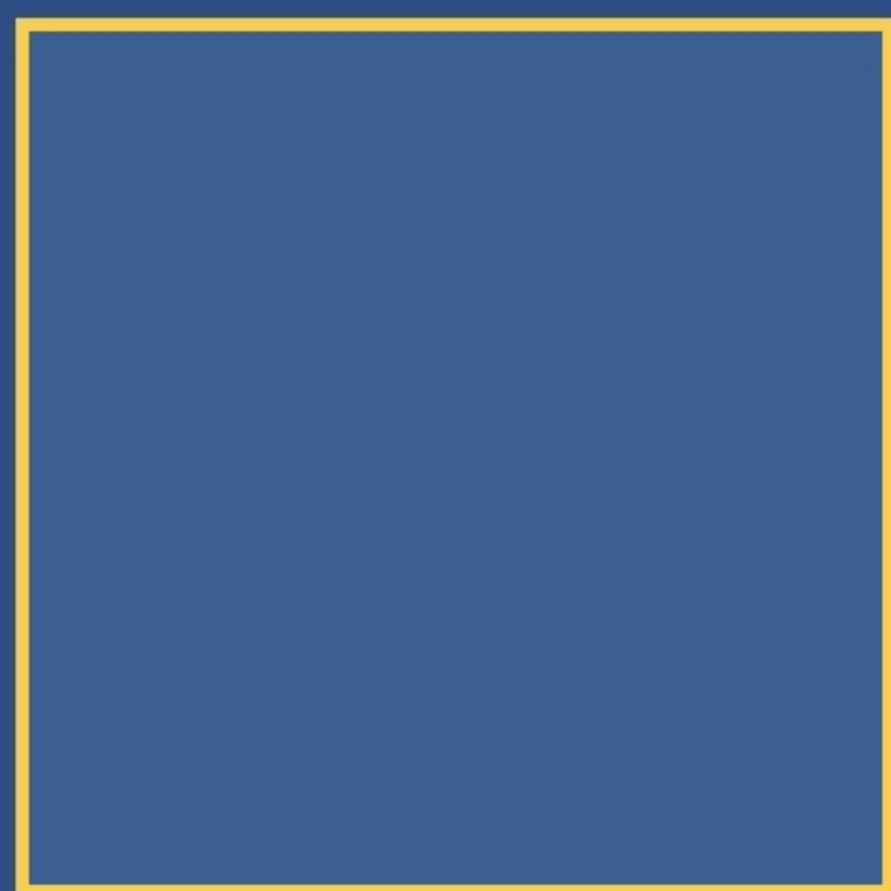
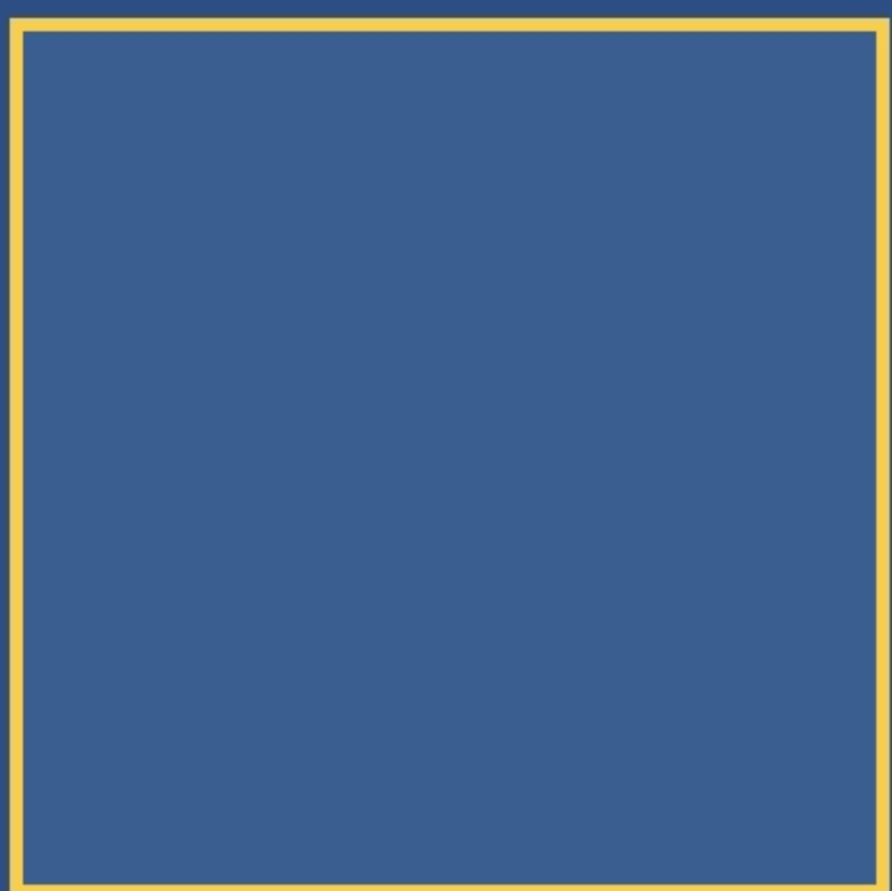
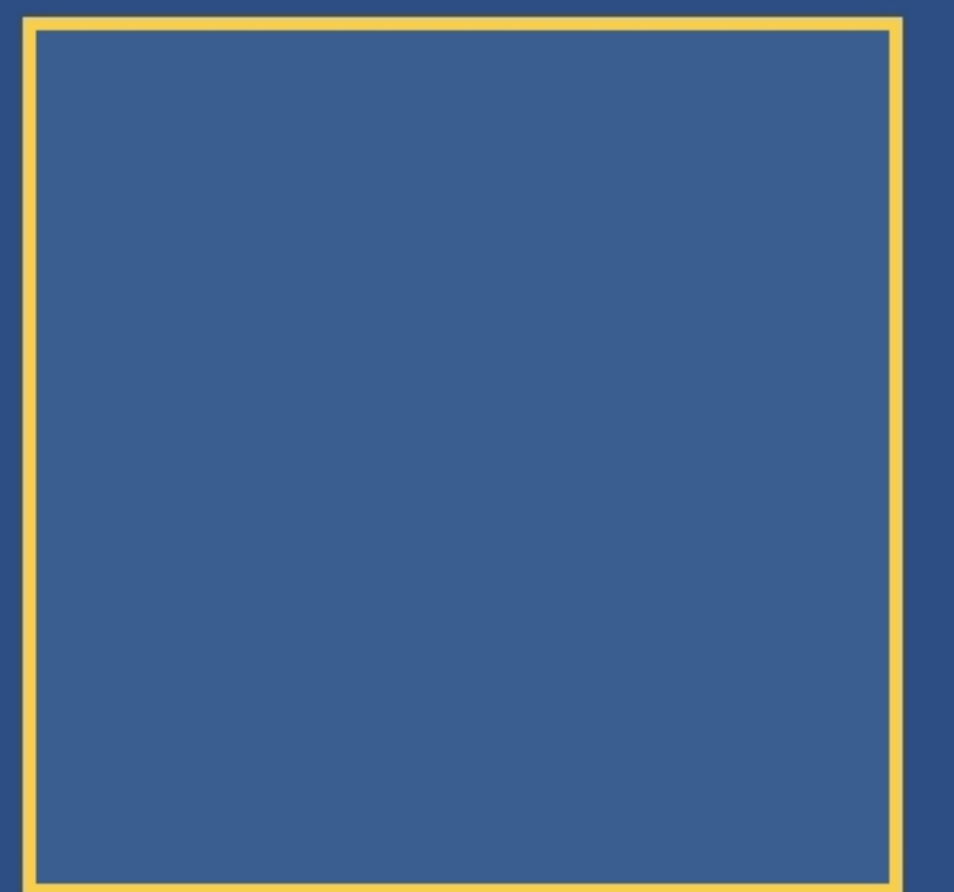
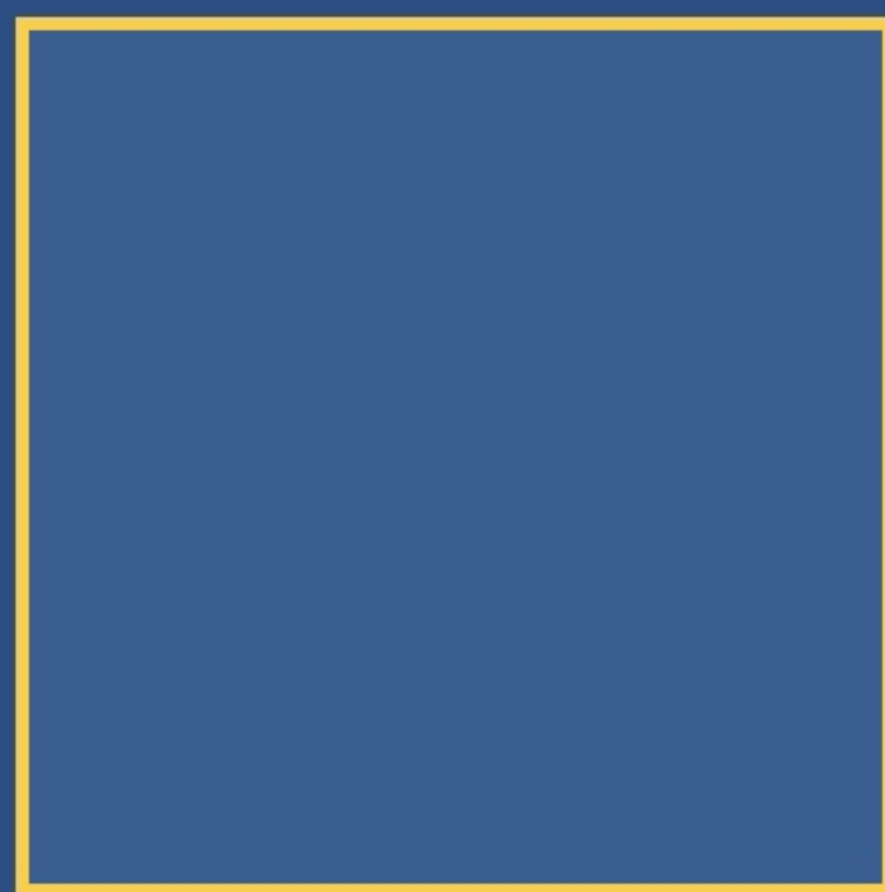
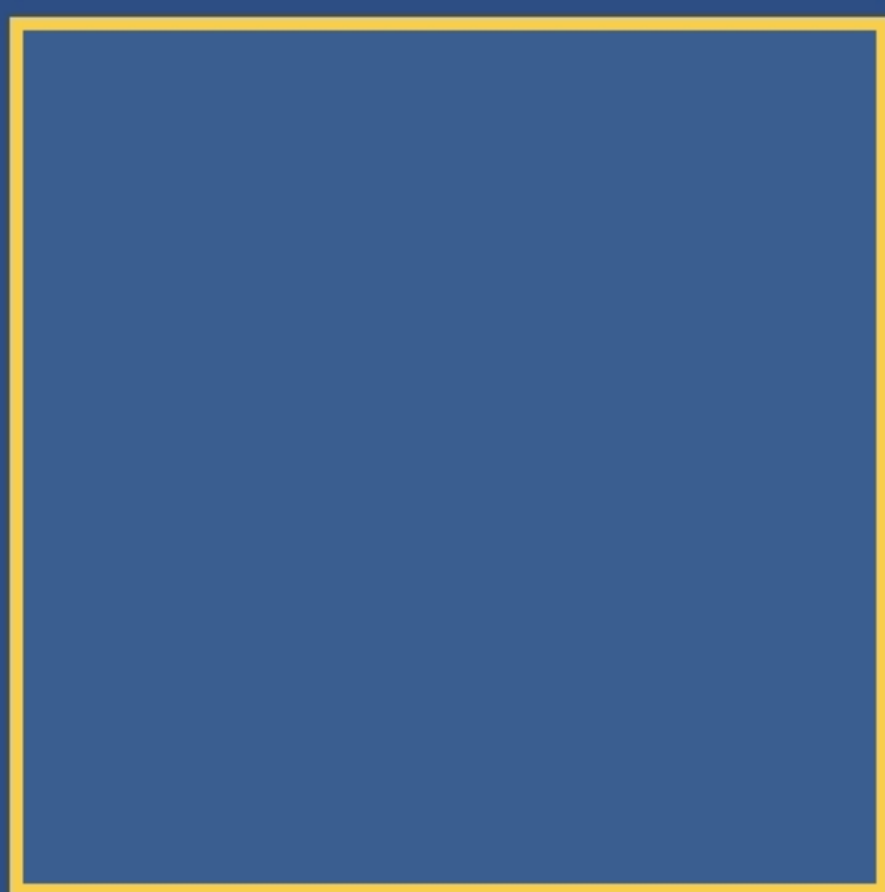


Lorenzo's House

2022 Impact Report

— *We Bring Light* —



ANOTHER YEAR AROUND THE SUN

Dear Lorenzo's House Family,

We are growing an alliance where there was none - a miracle movement that unites families walking unimaginable journeys. Today over 200 families across 32 states and three countries are offered connection, resources and light through Lorenzo's House.

It became abundantly clear this year that our mission is filling an unmet need. There are more of us than most imagine, and the numbers are growing while the resources are sparse. Younger families navigating dementia have nowhere to turn. We need relevant support and a community to belong to. Lorenzo's House is that community. We understand the isolation, stigma and sorrow families face, and work every day to shift the narrative and write a new script - one where families lean on one another for light, because together is the best way through.

Our 2022 Impact Report reflects the courage, intention and love of our Lorenzo's House mission. Take a look to understand why our mission matters. Find strength in family stories and be inspired by our transformative programs. Learn how our outreach strategy was a game changer in connecting to families, the ways we spread our story worldwide, and how our 'growth by the numbers' shows progress and promise.

Lorenzo's House is one of the only organizations worldwide that exclusively focuses on supporting the 'younger-onset' community - a sizable, under-resourced and misunderstood group. —And only because of you - our Lorenzo's House family, that is filled with caregivers, field experts and an outpouring of generosity from over 175 donors - is our mission possible.

All of you made a choice to walk beside us and cheer for us, cry with us, and paint a brighter future with us -and we are eternally grateful. Continue to stay close, we are just getting started.

Sending gratitude, miracles & light,

Diana Cose

Founding Executive Director



Lorenzo's light attracts more light

Larry 'Lorenzo' Cose is the inspiration behind Lorenzo's House.

He is the beloved husband to our founder, Diana, devoted father to their sons, Justin & Lucas and an infinitely kind friend to those fortunate enough to know him. This year our beloved Lorenzo passed, and we miss him dearly.

Lorenzo's story symbolizes our collective stories. His light attracts more light. Through Lorenzo's House we are united and creating a roadmap of solidarity to ensure no family gets lost in the dark, because now we are empowered walking together towards the sun.

OUR COMPELLING WHY...

Younger families living with dementia are unseen, misunderstood and under-resourced. Their needs, and their numbers are growing.

200% increase in individuals age 30-64 with younger-onset dementia between 2013-2017

- Blue Cross Blue Shield, 2020 Report

What does “younger-onset” mean?

“Younger-onset” means a diagnosis of any form of dementia before age 65. Some individuals are diagnosed as early as their 50s, 40s and 30’s. (YOD=younger-onset dementia) Many still use the term “early onset,” but to reduce confusion with “early stage” the more clear term, “younger-onset” is being adopted worldwide.

Unique challenges younger families experience:

- Undiagnosed or misdiagnosed, often for many years
- Family relationships & milestones disrupted
- Forced to leave career, income loss before retirement
- Grieving with little to no relevant support
- Raise younger children as single parent/breadwinner
- Compromised health of caregivers
- Youth experience a complex & confusing disease
- Unpredictable changes in behaviors of loved one
- Manage ongoing home & diagnosis transitions
- Delayed or non qualification for Medicare

The different types of dementia

PARKINSON’S DISEASE - 2%

Can give rise to dementia symptoms as the condition progresses.

FRONTOTEMPORAL DEMENTIA - 2%

Personality changes and language problems. Most common onset between the ages of 45 and 60.

DEMENTIA WITH LEWY BODIES - 4%

Caused by Lewy body proteins. Symptoms can include hallucinations, disordered sleep.

OTHER - 3%

ALZHEIMER’S - 62%

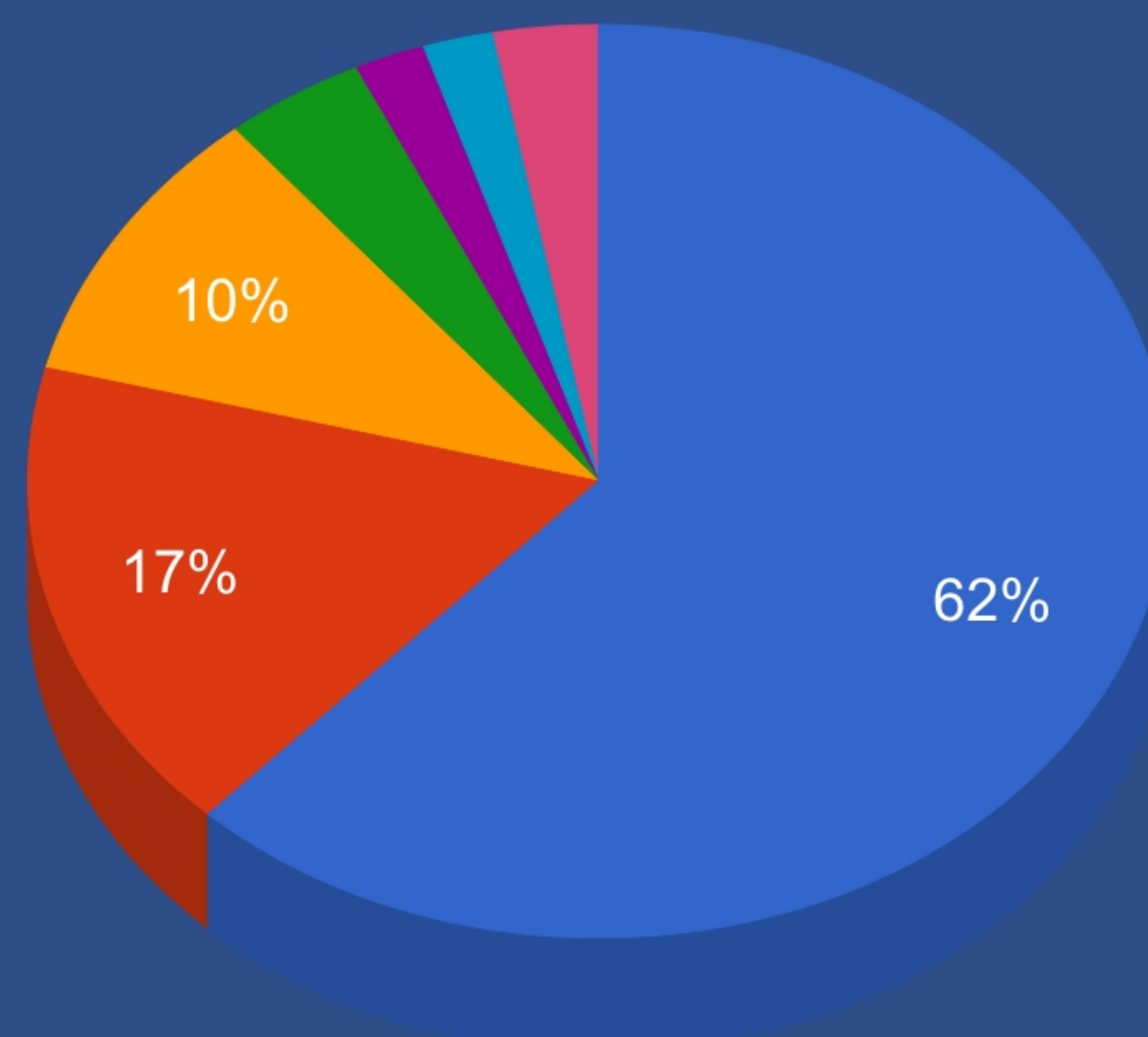
Causes problems with memory, language, and reasoning. 5% of cases start before age 65.

VASCULAR DEMENTIA - 17%

Impaired judgement, difficulty with motor skills and balance. Heart disease and strokes increase its likelihood.

MIXED DEMENTIA- 10%

Several types of dementia contribute to symptoms. Most common in people over 85.



- US National Institute on Aging, 2017 Statistic

FAMILIESUNITED



Kimberly, Mark, Alan & Lauren

A light for our family

Navigating a Maze: finding relevant, quality support for our family

After months of misdiagnosis, my husband Alan, a then 51 year-old pediatrician, was diagnosed with younger-onset Alzheimer's. I was determined to find resources for my family, but was only able to find groups supporting onset at later in life.

We have two children, Mark and Lauren, who were only 16 and 20 when their Dad was diagnosed. **When facing this diagnosis as a family with younger kids, there is absolutely nothing available to help them.** The only ray of hope I found was a Facebook post for spouses of those living with younger-onset that mentioned Lorenzo's House. That is how we connected, and wow, was it a lifeline when I thought our only real option was drowning.

There are different tracks a family can follow when walking with younger-onset dementia. The "tragedy" track is real, and at one point or another families have been there and still venture there in our darkest moments. But turning our heads to a path of purpose and moments of joy in the midst of chaos and despair is the track that will sustain us. **Lorenzo's House showed us this path.**

Their purpose is to help families like mine find connection and understanding while offering resources and tools that are totally unique when a diagnosis occurs in the life cycle of a younger family. **Our kids find community in the Light Club and annual Youth Summit. I lean on the virtual Bright Brunch for energy and insight, and together we joined the first annual Family Night** in Chicago this summer, an event that blew me away because for the first time we met other families who share a similar story.

Lorenzo's House is the only game in town exclusively supporting younger families. It's been a beacon of light for my family and we love the tagline, We Bring Light. We are a part of the Lorenzo's House family now, and commit to shifting the narrative around what it means to live with this diagnosis. From isolation to connection, stigma to understanding and darkness to light, this is exactly the mindset that can endure our experience. I cannot think of another way through.

EMPOWERED FAMILIES

Never in our wildest dreams

...did we imagine an Alzheimer's diagnosis.

Our family is young.

Our triplets, Mya, Myles and Jaylen are 8 years old, and Jayce is 11.

My husband, Kevin, was only 47 years old in 2020 and so close to landing the head-coaching job for a women's college basketball program in Southern California. At this same time he began to show signs of confusion and disorientation. After many months, our neurologist told us that Kevin has younger-onset Alzheimer's. We were in shock. We felt lost.

There was an amazing outpouring of love from the basketball community and the '4Mom' charity who saw our immediate needs. Our busy, bright and beautiful life shifted quickly to one of isolation and sadness. We are finding our way, and understand this is a long disease, one that can swallow us.

Miraculously, we found Lorenzo's House. Their support is different, intentional and constant. There are opportunities for our four kids to meet others who walk their journey and places for carers like me to meet others on the same path. It's been a lifesaver for us.

Our path forward is unknown as every dementia diagnosis is different. We take life a day at a time and seek support from families like us across the globe who understand. Lorenzo's House is our family now. It finds that niche group of families like ours, and wraps dozens of arms around us. We will find our way.

Jaylen, Jayce, Heather, Kevin, Mya & Myles



YOUTH CONNECTED

My name is Alisha, I am a daughter of Alzheimer's.

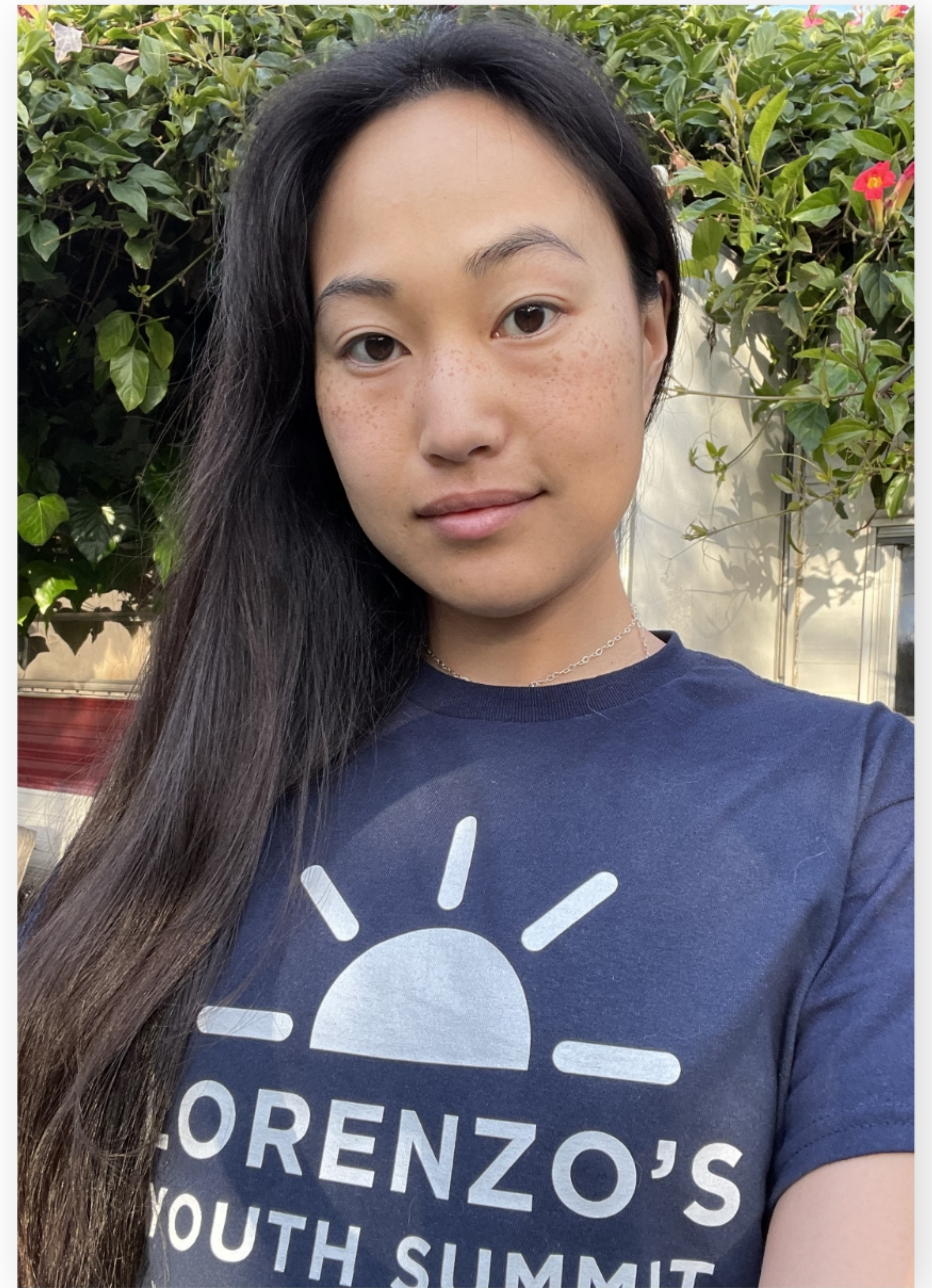
My mother was my best friend and my everything until I was 11 — when she wasn't. She began to change in ways that confused me and broke my heart. My mom was diagnosed with younger-onset Alzheimer's soon after and passed when I was 21.

My Dad, younger brother and I experienced 10 long years of unthinkable suffering, and in very different ways. Though the one thing we all shared was that we had virtually no resources that understood us; a younger family living with Alzheimer's. For me, **life grew very dark and isolating and I had to find my way without a single person who could relate to my experience.**

It wasn't until May of this year, at the age of 28 when I found Lorenzo's House that I felt heard and understood. **I found a community where I belonged, and my world has literally become brighter.** Because despite my mom having passed several years ago, the journey with Alzheimer's continues as I unpack the experience and rediscover myself.

I was honored to serve as Emcee for the 2nd Annual Lorenzo's Youth Summit where 43 youth across 22 states and 3 countries participated. Next year we plan to double participants again with over 80 youth worldwide. Our Summit changes lives.

I am not alone anymore. I am a part of this beautiful community that I now call my Lorenzo's House family.



A virtual hangout for youth to connect, have fun, share common stories, and build an alliance

“As a daughter of a parent who suffers from younger-onset Alzheimer's, it can be really hard. Telling others about this piece of myself is difficult because they won't fully understand. Opening up and letting my feelings out at the Light Club has been really helpful for me. And meeting more people and friends who understand at Lorenzo's House has been really helpful.”

- youth caregiver

INSPIRED YOUTH



“The people I met were so kind and made me feel so good. They didn’t judge me when I cried or said something silly. I thought I wasn’t going to like this, but I am glad my mom told me about Lorenzo’s House”

- youth caregiver

Young Professionals Board



“My mother was diagnosed with younger-onset Alzheimer’s and grandmother diagnosed with Alz later in life. Both are a source of inspiration for me. So, when I heard about the Lorenzo’s House mission, I was very touched and wanted to join the Young Professionals Board right away to advocate for families - because I felt very alone as a caregiver, and no one should have to walk this path alone.”

- Luis



Male carepartners step up to create a safe, brave space for men

Dan and Don found friendship through a common thread...
their wives were diagnosed with a form of younger-onset dementia.

"I was looking for resources for myself and reached out to Lorenzo's House. I heard back right away - shared my story, and the team paired me with Don in Indiana," Dan shares. "We connected immediately, and had both experienced all kinds of support groups, but none that really met our needs," Don explains.

They decided to be the solution, and designed a younger-onset male carepartners group; a safe, intimate space where men can share emotional, physical and spiritual realities with other men on a similar path.

"Creating the place for men to gather and express their personal concerns has been a real godsend for us — and when we ask for feedback, everybody says, it's been the best 90 minutes of their month ... so we encourage any other guys out there in our shoes to join us," Dan shares.

What started just 6 months ago with two men and an idea has grown to over **25** men building a trusted alliance together.

Brunch offers female carepartners a healing space

There were years of anger, despair, frustration and grief – and then, along comes Lorenzo's House.

I knew Lorenzo's House was the real deal and that **they could hold space for all of the complexities of the younger-onset Alzheimer's experience** after my first conversation with Diana. With input and feedback from our community they build vibrant healing spaces for carepartners, spouses and youth.



Our **Bright Brunch** is one of those spaces where female carepartners gather to laugh, cry and share without judgment. We exchange unique challenges, losses and resources with one another. Inclusivity and empathy guide our way. **This truly peer-led space allows us to see and support each other through a whole range of emotions** that come by being a carepartner to a loved one with younger-onset dementia.

Lorenzo's House is such a comfort for me. **I am provided a witness for my lived experiences**, and I cannot emphasize how important this space is for me and so many other women who walk my similar path.

- a reflection from Leticia, carepartner

Finding Joy & Building Community through Music

A caregiver in our Lorenzo’s House community suggested we start a music session for younger families, living with dementia. We loved the idea and **partnered with Old Town School of Folk Music, in Chicago** launching our first in-person program this year!



“I remind us to breathe, and from this comes a smile and then a trust that allows us to perform together. We play instruments and body percussion. We all have music inside of us, and this session at Lorenzo’s House allows it to surface. I rely on the spirit of the group to facilitate the collective joy we experience together - and it’s beautiful.”

- Lenny, facilitator: Music, Movement & Memory

Memory Academy: A place we come to learn

This year Lorenzo’s House leveraged a generous donation to execute the discovery & design phase for our Memory Academy; a day program for those living with dementia. We facilitated vision sessions, family focus groups, and held over a dozen interviews with caregivers, loved ones living with dementia, and experts in the field. After nine months we completed our **comprehensive Memory Academy Guidebook.**

“Lorenzo’s House has flipped a switch in me ... reminding me that we can combat this diagnosis by living strong. The Memory Academy would be amazing. We have nothing like that nearby and it would be a great resource for younger families like mine”

- Gary

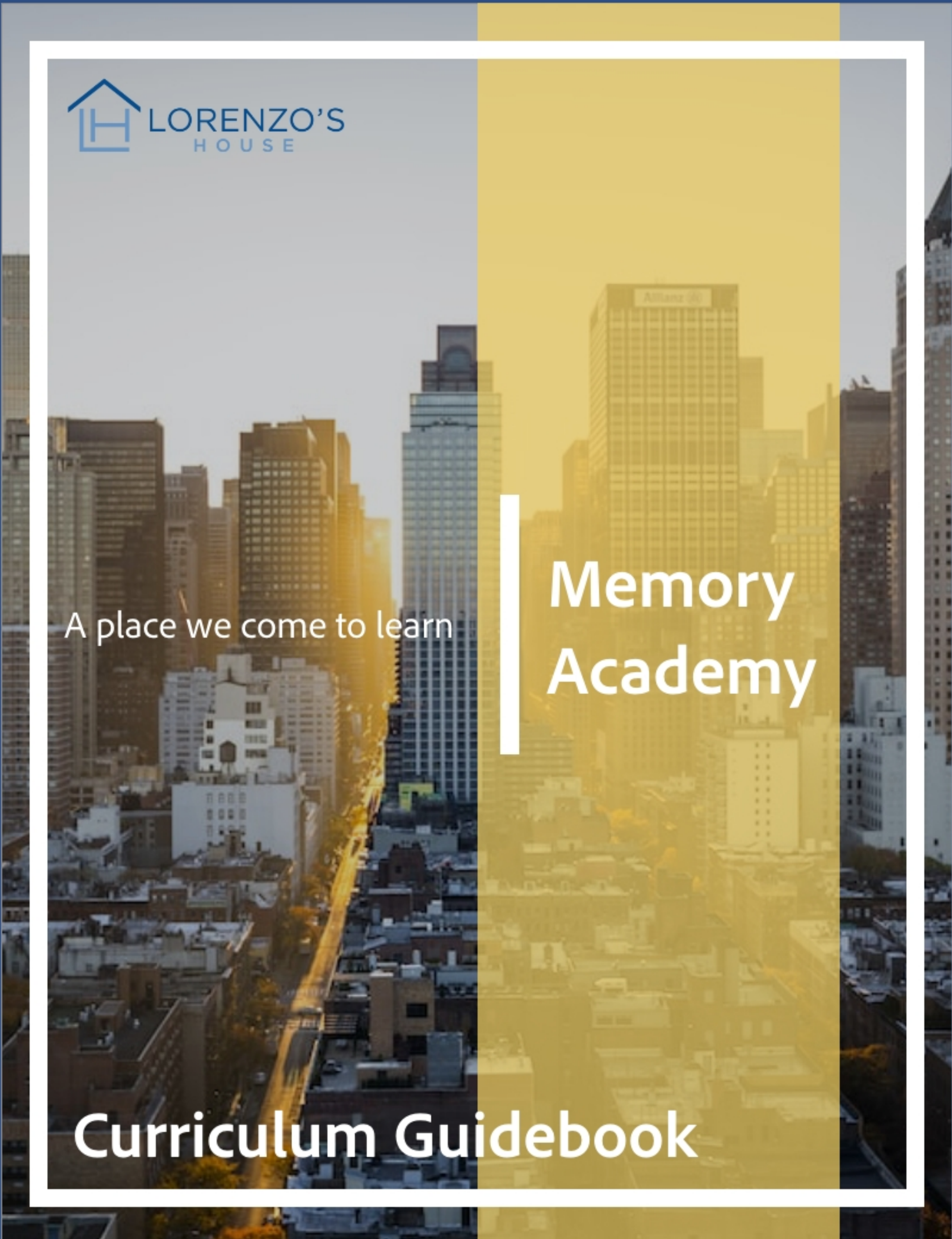


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Spreading our Mission

Finding Families



SHIFTING THE NARRATIVE:
THE STORY OF LORENZO'S HOUSE

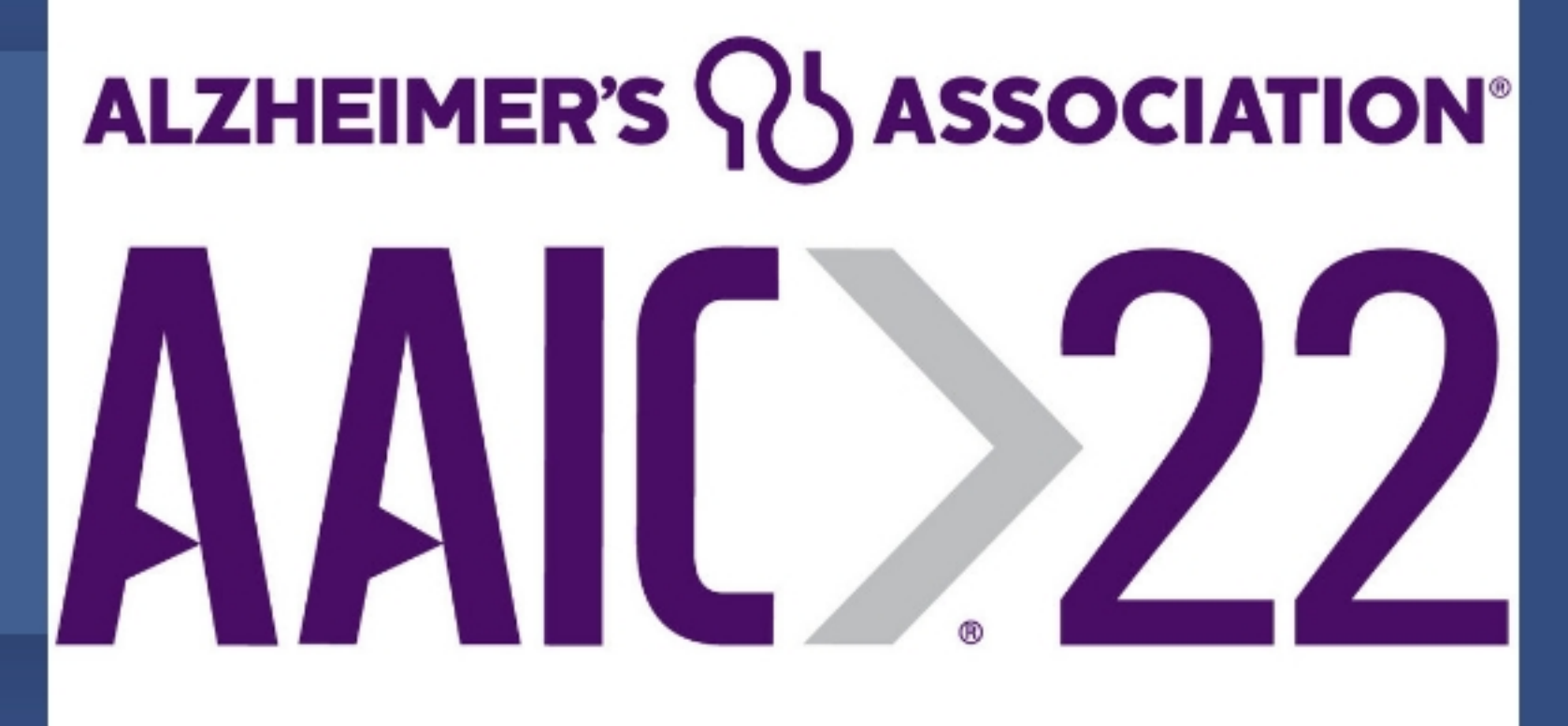
Lorenzo's House produced a short documentary called **Shifting the Narrative: The Story of Lorenzo's House** to use as a tool to spread our mission. Over 20 screenings and counting! We will share our collective stories and empower our journeys.

In June Lorenzo's House headed to London to present at the 35th Annual **Alzheimer's Disease International Conference**. We shared our model, screened our documentary, connected with colleagues in the field, and brought home many lessons learned.



We held our **1st Annual Family Night** in Chicago, as a launch party to our Youth Summit! What joy we uncovered together, meeting others who truly understand our journey. The connections were quick and deep ... feeling gratitude all around.

Lorenzo's House was honored to be invited to the **Alzheimer's Association International Conference** this year in San Diego. We shared our holistic model, learned from experts in the industry and met caregivers along the way.



Dementia Action Alliance held an inspiring conference in Indianapolis this fall. Our team led a screening and connected with caregivers, neurologists, social workers, and others. Lorenzo's House returned with new insights, ideas and friends in the field!

This winter, Lorenzo's House **partnered with MATTER**; an incubator for healthcare start-ups in Chicago to screen our short film that was followed by a live-streamed panel and discussion.



Lorenzo's House sends love & light to the families in our community who have lost their loved-one this year - we are walking with you still, and always ...

Ilene Barg & family

Mark Bermes & family

Scott Bevins & family

Lorenzo Cose & family

GROWTH by the numbers

200+ Families
Connected & Empowered

400+ Volunteer Hours



500

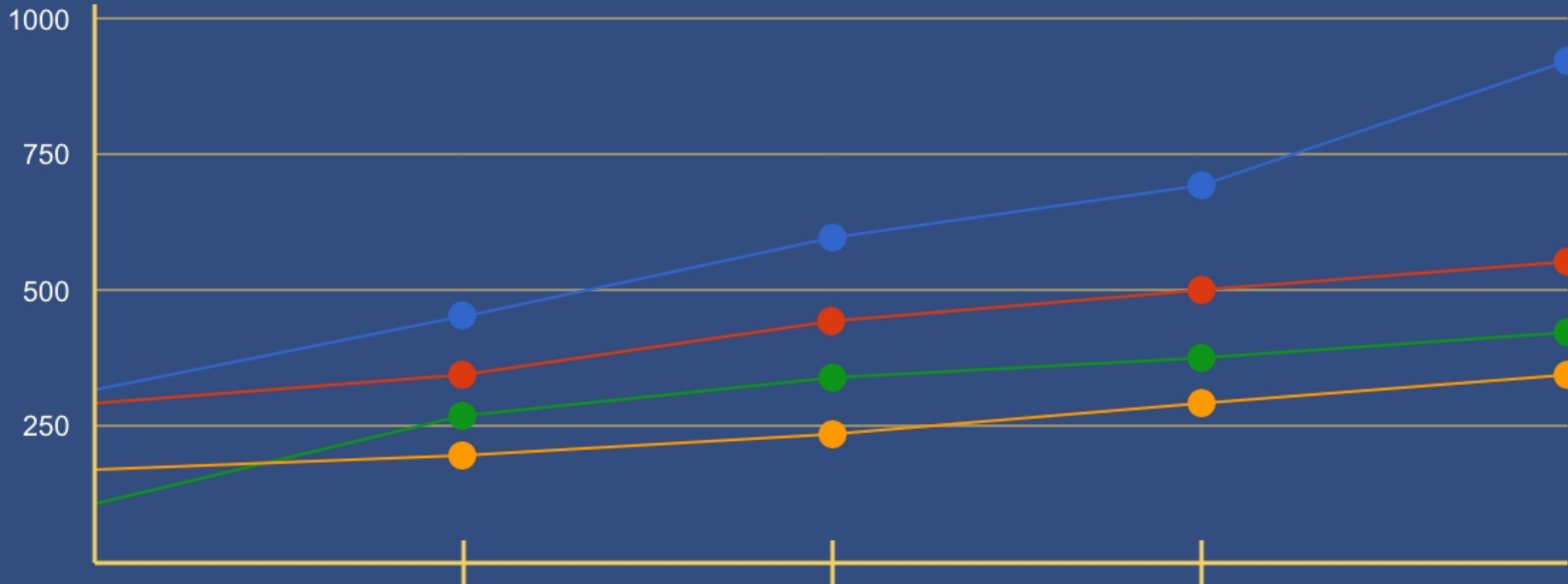
Featured at **17** Conferences & Events

60+ CONNECTIONS
Carepartner to Carepartner

Over **40**
Partnerships & Collaborations

Social Media Growth **▲ 1636**

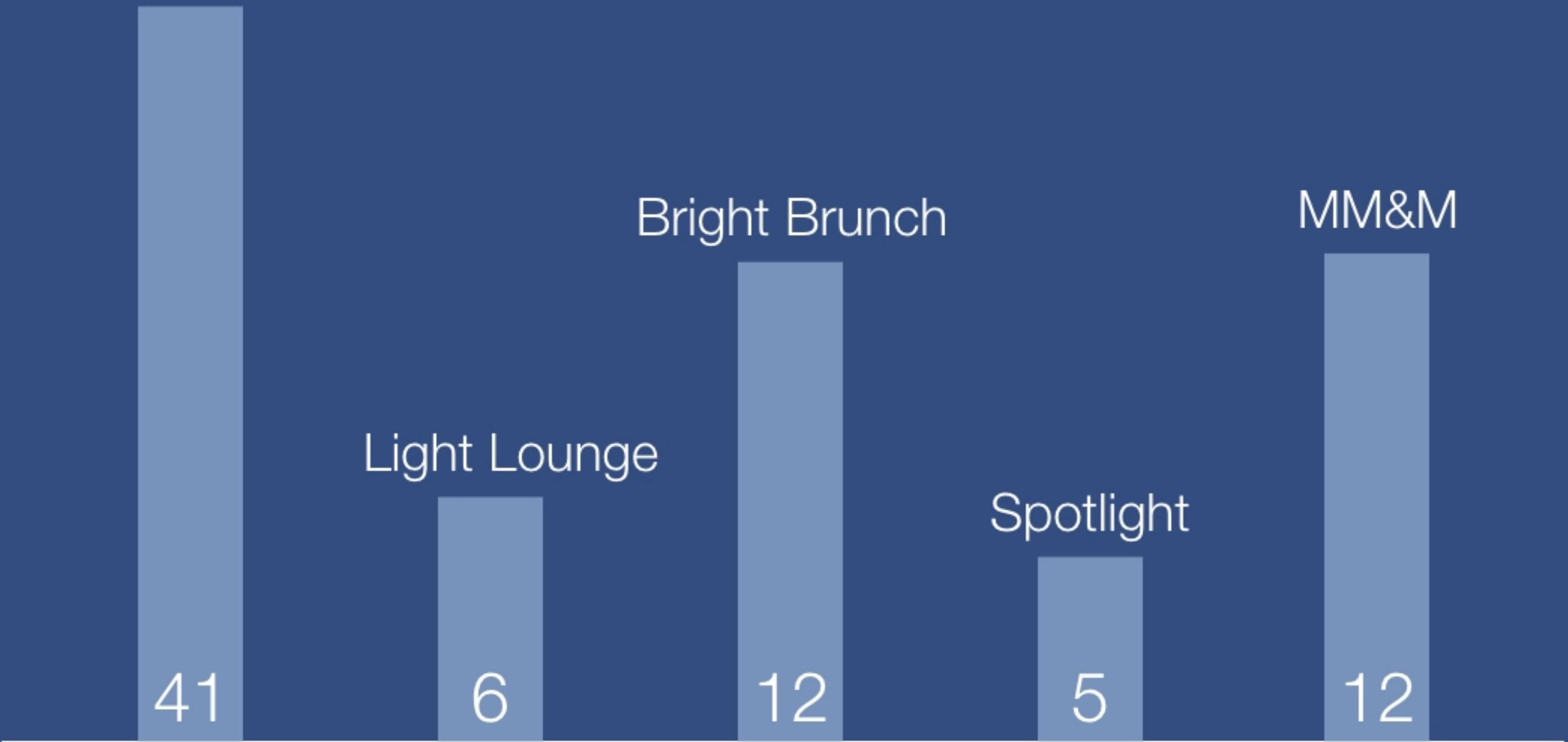
● Instagram ● Facebook ● LinkedIn ● Twitter



Platform	January	April	July	October
Instagram	300	450	600	700
Facebook	300	350	450	500
Twitter	100	250	350	400
LinkedIn	150	200	250	300

76 Program Sessions Offered

Youth Initiatives



Program	Sessions
Youth Initiatives	41
Light Lounge	6
Bright Brunch	12
Spotlight	5
MM&M	12

Vibrant Healing Spaces

176
Generous Donors
Supporting our Mission

20 Young Professional Board Advocates

Outreach Strategy - Connected **1300+**
Individuals & organizations across 32 states and 3 countries



PARTNERSHIPS & COLLABORATIONS

Building meaningful relationships - Bringing light together

UsAgainst
Alzheimer's

THE
YOUTH MOVEMENT
AGAINST ALZHEIMER'S

TNP | THE NAPLES
PLAYERS

Elderwerks

YALE
UNIVERSITY
ART
GALLERY

CDI
CORP

Life Molecular Imaging

USAging

AFA
ALZHEIMER'S FOUNDATION OF AMERICA

MAYO
CLINIC

S Dementia
Society of
America

AFTD The Association for
Frontotemporal Degeneration
FIND HELP • SHARE HOPE

EMORY
NELL HODGSON
WOODRUFF
SCHOOL OF
NURSING

Dementia
Friendly
America

ALTER
INSPIRING AND EQUIPPING FAITH COMMUNITIES

PatientPoint



embodied
labs

Alzheimer's
Disease
International

HFC
Bringing Light
to Alzheimer's

IMERMAN
ANGELS



maude's
VENTURES

Holland & Knight



LOOPEd

StrategicInclusion
CONSULTING LLC

LINKEDSENIOR

EVERYDAY  **HEALTH**

Chicago Methodist
Senior Services

Senior Living
Specialists
Welcome Home

Advocate
Health Care

RUSH

IN PURSUIT
OF
WELLNESS
YOUR RIGHT
TO AGE YOUR WAY
WWW.INPURSUITOFWELLNESS.COM

THE UNIVERSITY OF
CHICAGO MEDICINE
Center for Comprehensive Care
and Research on Memory Disorders

DEB WINEMAN
YOGA

Old Town School
of Folk Music

American Association of
Caregiving
Youth

Brave New
OUTPOST

Northwestern Medicine
Feinberg School of Medicine

MATTER

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We remember **Marc Wortmann**, board member, ‘We Bring Light’ award recipient and good friend. Marc’s experience, insight and international perspective was a gift to Lorenzo’s House. His influence and light lives on through our mission. We thank you and miss you, Marc.

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Founder, Best Friends
national memory care model

Statement of Financial Activities - FY2022

Income	
Individual Contributions	\$564,597
Foundations	\$22,530
Special Events	\$57,600
Fundraising	\$45,740
Total Net Income	\$690,467
Total Net	\$150,013

Expenses	
Programs	
Youth Initiatives	\$81,756
Healing Spaces	\$65,285
Memory Academy	\$49,406
Connections	\$55,917
Outreach	\$118,022
Marketing/Communications	\$66,553
Mangement/Admin/Finance	\$71,675
Development	\$31,840
Total Net Expenses	\$540,454

GRATITUDE

to our donors who make our mission possible

Our Anonymous Donors

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GRATITUDE

to our donors for bringing light to our mission

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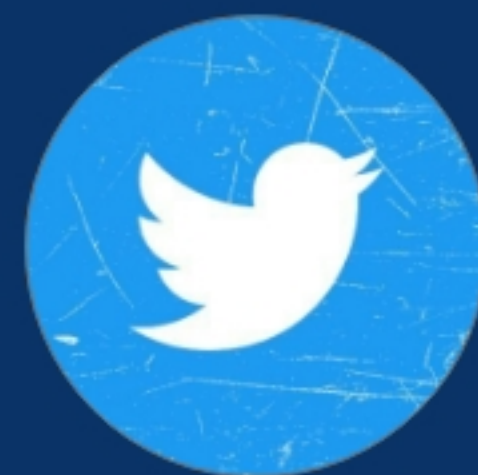
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OUR VALUES

SHOW GRATITUDE SEEK JOY AND BE POSITIVE
CHASE JUSTICE **COMMIT TO QUALITY** **LISTEN WELL**
ACCEPT DIFFERENCES **SHOW LOVE** **BE HUMBLE**
BUILD TRUST **WORK HARD** SEEK SOLUTIONS
INNOVATE & SHOW CREATIVITY **SEE THE GOOD**